

2014 CALENDAR

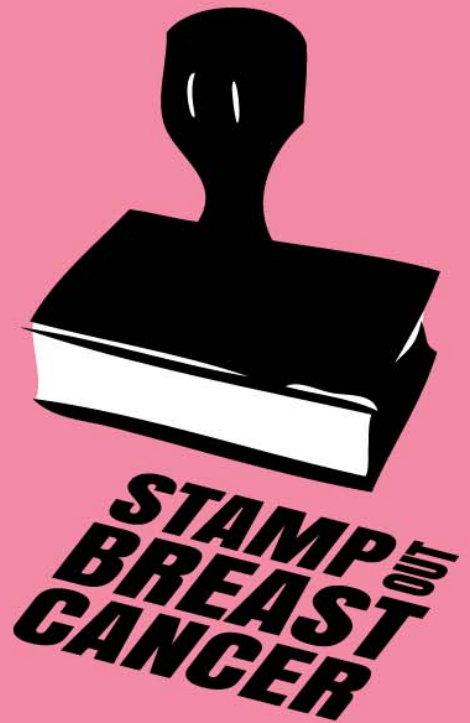
A Muse Studio is pleased to provide this free downloadable calendar as part of our Stamp Out Breast Cancer awareness campaign. Early detection of breast cancer saves lives!



Use the pushpin stamp that is included in our FREE Fight Like a Girl stamps set to stamp on your calendar to remind yourself about personal exams, mammograms, and doctor's appointments.

Beginning at age 40, women should have annual mammograms and clinical breast exams. An overall healthy lifestyle is also beneficial: Maintain a healthy weight, follow a low-fat diet and exercise regularly.

Please help us to spread the word about Stamp Out Breast Cancer. You are welcome to share this calendar with friends and family.



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